



County Touchpoints in Access to MAT for Justice Involved Populations

TRAINING MODULE EIGHT

EVIDENCE-BASED TREATMENT OF PREGNANT AND PARENTING WOMEN WITH OUD

- + This training module illustrates current evidence-based approaches for treating opioid use disorder (OUD) in pregnant women and their newborns. It can help justice and child welfare stakeholders align their approaches to pregnant women with OUD with current clinical knowledge.
- + Participants should have completed earlier sessions on the neuroscience of OUD, medications for addiction treatment (MAT), and their professional association positions regarding the need to make all FDA-approved MAT medications available to persons with OUD.

PANELISTS

Helen DuPlessis, MD, MPH, is a Principal with Health Management Associates, pediatrician and maternal-child health expert, and director of California's Mother-Baby Substance Exposure Initiative

PANELISTS

Shannon Robinson, MD, Principal, Health Management Associates and addiction-trained psychiatrist with extensive experience treating OUD in the Veterans Administration and California prison system

Carolyn Sufrin, PhD, MD, medical anthropologist and obstetrician-gynecologist, and assistant professor of gynecology and obstetrics at Johns Hopkins University who has researched care of pregnant incarcerated women with OUD

LEARNING OBJECTIVES

At the end of this training module, the participant can:

- + Describe the evidence-based medical approach to managing pregnant women with OUD.
- + Describe the evidence-based medical approach to managing newborns of mothers with OUD.
- + Differentiate between the effect of treated and untreated OUD on newborns.
- + Identify at least one step your profession could change to help assure better outcomes for your pregnant clients with OUD and their newborns.

This panel was originally designed as in-person event.

**Due to the COVID-19 pandemic,
HMA opted to hold the panel discussion
using Zoom technology.**

The work is too important to wait.

RESOURCES

- + A comprehensive toolkit for clinicians and others caring for pregnant women with OUD can access a comprehensive toolkit with many resources is at this link: <https://nastoolkit.org/>
- + This link contains many resources and webinars on working with these mothers and their babies. <https://addictionfreeca.org/California-MAT-Expansion-Project/Mom-Baby-Substance-Exposure-Initiative>
- + Dr. Sufrin's research on OUD treatment of pregnant incarcerated women is here: <https://www.ncbi.nlm.nih.gov/pubmed/32141128>

DISCUSSION QUESTIONS

Discuss your reactions to the video with one another and share your chief points of discussion.

- 1. How is the practice in your organization related to pregnant women with OUD similar or different from the practices described by the panel?**
- 2. Are there changes you would like to advocate in your organization? What are the barriers to those changes?**

Interested in Continuing Education Credits for this Module?

For information on accessing continuing education credits for your discipline that may apply to completing this module, visit the County Touchpoints website

<https://addictionfreeca.org/California-MAT-Expansion-Project/County-Touchpoints-in-Access-to-MAT-for-Justice-Involved-Populations>

and click on the icon for Continuing Education Information.



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