

FACILITATOR GUIDE

County Touchpoints in Access to Medications for Addiction Treatment for Justice Involved Individuals

Module 8. Evidence-Based Treatment of Pregnant and Parenting Women with OUD

Module Overview

This module offers a 57-minute panel discussion video that provides a high-level overview of current evidence-based standards of care for treating OUD in pregnant and parenting women. It addresses best practices for MAT in late pregnancy, birth, and the post-partum period, and best practices for achieving optimal outcomes for the mother's sobriety and the newborn's well-being. These best practices are not well integrated in many justice and human service settings. Discussion questions and additional resources are provided to help participants translate this information into action in the workplace.

The session is for criminal justice and child welfare professionals who have completed earlier sessions on the neuroscience of opioid use disorder (OUD), medications for addiction treatment (MAT), and their professional association positions regarding the need to make all FDA-approved MAT medications available to persons with OUD.

Content

- Video recording of interactive panel discussion on toxicology testing, 63 minutes. Conducted and recorded by HMA. Panelists and moderator noted below.
- PowerPoint slide deck: Created by Health Management Associates
- Mother & Baby Substance Exposure Toolkit <https://nastoolkit.org/>
- Mother & Baby substance Use Initiative Project website; contains numerous resources and webinars <https://addictionfreeca.org/California-MAT-Expansion-Project/Mom-Baby-Substance-Exposure-Initiative>
- Opioid use disorder incidence and treatment among incarcerated pregnant women in the United States: Results from a national surveillance study. Sufrin C, Sutherland L, Beal L, Terplan M, Latkin C, Clarke JG; *Addiction*, March 2020. <https://www.ncbi.nlm.nih.gov/pubmed/32141128>

Facilitator Steps

1. Print and distribute Module Overview and Learning Objectives as people enter the room
2. Distribute the pre-test questions to participants and have them complete it. Then discuss the responses
3. Review the Module Overview and Learning Objectives
4. Show the video
5. Following the video, engage the participants in the following questions:

- a. Discuss your reactions to the video with one another and share your chief points of discussion.
 - b. How is the practice in your organization related to pregnant women with OUD similar or different from the practices described by the panel?
 - c. Are there changes you would like to advocate in your organization? What are the barriers to those changes?
6. Provide links to Supplemental Material
 - Mother & Baby Substance Exposure Toolkit <https://nastoolkit.org/>
 - Mother & Baby substance Use Initiative Project website; contains numerous resources and webinars <https://addictionfreeca.org/California-MAT-Expansion-Project/Mom-Baby-Substance-Exposure-Initiative>
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 7. Distribute post questions, capture responses in accordance with CEU requirements and then discuss responses

Learning Objectives

At the end of this session, the participant can:

1. In laymen's terms, describe the evidence-based medical approach to managing pregnant women with OUD.
2. Differentiate between the effect of treated and untreated OUD on newborns.
3. In laymen's terms, describe the evidence-based medical approach to managing newborns of mothers with OUD.
4. Identify at least one step your profession could change to help assure better outcomes for your pregnant clients with OUD and their newborns.

Panelists

- Helen DuPlessis, MD, MPH, Principal with Health Management Associates, maternal-child health expert, and director of California's Mother-Baby Substance Exposure Initiative
- Shannon Robinson, MD, Principal, Health Management Associates, and addiction-trained psychiatrist with extensive experience treating OUD in the Veterans Administration and California prisons
- Carolyn Sufrin, PhD, MD, is a medical anthropologist and obstetrician-gynecologist, and an assistant professor of gynecology and obstetrics at Johns Hopkins University
- Moderated by Donna Strugar-Fritsch, BSN, MPA, CCHP, Principal Health Management Associates and Director, County Touchpoints project

Pre-Test Questions

1. Babies born with exposure to heroin have life-long learning disabilities. True/False
Correct Answer: False

2. Evidence based care for pregnant women with Opioid Use Disorder includes:
 - a. Continuation of methadone or buprenorphine through pregnancy, delivery, and breastfeeding
 - b. “Rooming in” with mother and baby together in the hospital after delivery
 - c. Pain management for mother after delivery
 - d. All of the above
 - e. None of the aboveCorrect Answer: d. All of the above

Post-Test Questions

1. Continuing methadone for a pregnant woman who is incarcerated is essential. True/False
Correct Answer: True

2. Neonatal abstinence syndrome creates serious health challenges for all newborns. True/False
Correct Answer: False

3. Drug court, probation, and child welfare personnel should consider medical best practices for mothers with OUD and their newborns in their client interventions and actions. True/False
Correct Answer: True

Continuing Education Options

Refer to the County Touchpoints Training Site website for information about continuing education credits by discipline. (red arrow)



California MAT Expansion Project

- California MAT Expansion Partner Projects
- County Touchpoints in Access to MAT for Justice-Involved Populations
- Expanding Access to MAT in County Criminal Justice Settings
- Mom&Baby Substance Exposure Initiative
- Transitions of Care

Welcome To TRAINING SITE For County Touchpoints In Access To MAT For Justice-Involved Populations

This site contains all the materials necessary for group or individual training about the use of Medication Assisted Treatment (MAT) to treat Opioid Use Disorder in justice system and human service systems.

- Click here for a comprehensive Training Manual designed for use by internal organizational training teams to help plan, execute, sustain, and evaluate internal training. [Read More](#)
- Click here for a brief overview of the nine program modules and some recommended combinations that you can customize for unique audiences. [Read More](#)
- Click here for information on continuing education credits by discipline. [Read More](#)

This project is a joint effort of the California Department of Health Care Services Medication Assisted Treatment Expansion Project 2.0, Health Management Associates, and California Health Policy Strategies. Funding for this project is provided by the California Department of Health Care Services under its funding from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) for a statewide response to the opioid crisis. For more detailed information and presenter credentials, refer to the comprehensive Training Manual at the website noted above. (green arrow)

Materials provided may be utilized for the sole purpose of providing Opioid Use Disorder information. Such materials may be distributed with proper attribution from the California Department of Health Care Services, Health Management Associates, and California Health Policy Strategies. Questions may be submitted via email to CountyTouchpoints@healthmanagement.com

